

## **Patient Instructions for Venus Bliss MAX™ (MP)2**

The Venus Bliss MAX™ (MP)2 is a non-surgical radio frequency, pulsed electromagnetic and Varipulse device designed for temporary skin tightening, temporary reduction in the appearance of cellulite and temporary improvement of local blood circulation which can help enhance results of laser fat reduction.

It is recommended to complete 8-10 treatments at weekly intervals then follow up in 3 months to determine treatment results and maintenance plan.

### **Pre-Treatment:**

1. The treatment area will be cleansed then treatment gel will be applied to the skin.

### **Intra-Treatment:**

1. The goal of the treatment is to heat up the skin to 41-45°C and maintain that temperature throughout the duration of the treatment.

### **Post-Treatment:**

1. There will be redness and warmth emanating from the area for the first 2 hours. You should notify us if you experience pain that is severe or excessive, as this is unusual. Bruising is not at all common but let us know if this occurs.
2. Post redness is mild, and you may return to regular activities immediately. Do not apply ice or cooling compresses as the heat response is what is initiating the improvement in your skin.
3. You should notify us if you experience pain that is severe or excessive, as this is unusual.
4. To enhance the results of the treatments, it's recommended to maintain a healthy and active lifestyle. Gaining weight during the treatments could compromise the end results.
5. The following are some of the symptoms that should alert you to the possibility of an impending or existing complication and you should contact the clinic.

Infection:

Infection may be present if you notice:

- (i) Increased (rather than decreasing) swelling after the first 24 - 36 hours.
- (ii) Redness spreading beyond the area of resurfacing, that is warm and tender to touch.

**Please call us at 716-712-1050 with any questions or concerns.**

7/15/24